

Health Fair

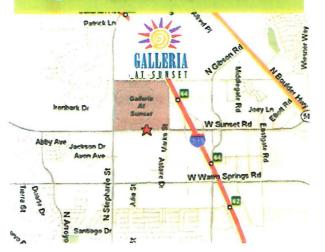
Sept. 10th



Henderson Libraries invites you to join us for our Community Health Fair at the Galleria Mall on sunset in the city of Henderson on Saturday. September 10th from 10 a.m. - 1 p.m.!

There will be over a 20+ health related exhibitors and booths at the Galleria Mall outside of the Kohl's department store. Be sure to stop by!

This September will also mark the Third Annual 60 Days to Better Health series of programming at the Green Valley Library. During this 60 daylong series, the Henderson Libraries will challenge the community to get fit and healthy while also sharing their newfound knowledge with friends, neighbors and co-workers.





60 Days to Better Health

Don't miss our "60 Days to Better Health" **Program Series**, Starting September 12th!!!

Topics will include:

- Zumba! & Belly Dancing
- Pilates & Tai Yoga
- **Meditation & Oigong**
- **Brain Foods & Immune System** Health (presented by Trader Joe's)

& so much more!!!

Go to library.com www.mv or for more information call 702-207-4261

Green Valley Library 2797 N. Green Valley Pkwy, Henderson, NV 89014





Green Valley Library Presents...

Community **Health Fair**

September 10th, 2011 10:00 am-1:00 pm **Galleria Mall**

Henderson NV (702) 207-4261 www.mypubliclibrary.com







Green Valley Library

Community Health Fair

At the Galleria Mall

Sept. 10th

10:00 am-1:00 pm

Photo's from last year's events...











Exhibitors Sept. 10th, 2010

- AARP—Nevada
- Aflac
- · Henderson-Parks & Rec.
- Club Sport
- David Karel Group
- Good Night Pediatrics
- Infinite Health and Harmony
- Las Vegas Skin & Cancer Clinics
- Mountain West Chiropractic
- Massage4Bodies
- Medicare SHIP (State Health Insurance Assistance Program)
- St. Rose Dominican Hospitals and Hospice
- Sun Valley Dental
- The Foundation for Wellness Professionals
- Trader Joe's
- Ultimate "U" Medical, LLC
- Visiting Angels

We hope that the Green Valley Library's

Community Health Fair

will promote good health awareness!

Exhibitors will provide education on all aspects of health, wellness, fitness and lifestyle improvements.







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Henderson, NV 89014
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